



## Washington Ladyhawks Fulmore Gold

**Coach:** Terome Fulmore  
253-275-8184  
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**Recruiting Coach:** Auriel Day & Bunker Nelons  
253-961-7758/509-679-7493  
recruit\_fulmore@ladyhawksfastpitch.org

### #23 - Megan Friend

### Positions: SS / 3B

### Graduation Year: 2020



**Bats/Throws:** R / R  
**GPA:** 4.0  
**Height:** 5' 6"  
**Home to First:** 2.86

**Clearinghouse:** No  
**Exp. Major:** Physical Therapy  
**Overhand:** 61 mph  
**Home to Home:** 12.49

MFriend@ladyhawksfastpitch.org

Video: <http://www.ladyhawksfastpitch.org/videos/MFriend.html>

#### ACADEMIC INFORMATION

**Commitment:** None  
**School:** Sedro Woolley High School  
**School Coach:** Amy Beebe

#### ACADEMIC ACHIEVEMENTS

- 2017 National Honors Society
- 2017-2018 College in HS Chemistry
- 2017-2018 Honors English
- 2016-2017 Honors English
- 2015-2016 ASB Officer

#### COMMUNITY SERVICE

- Occupational Therapy Volunteer at Sedro Woolley School District
- 2017 Mission Trip to Alaska
- 2017 Sedro Woolley High School Blood Drive Coordinator
- 2017-2018 Varsity in Volunteerism
- 2016-2017 Varsity in Volunteerism

#### ATHLETIC ACHIEVEMENTS

- 2017 HS Varsity Softball
- Varsity Volleyball (One Year)
- Varsity Basketball (Two Years)

#### CAMPS & CLINICS

- 2017 Valley NFCA Infield Camp
- 2017 University of Washington College Camp
- 2017 Prep Links Infield Clinic
- 2016 University of Oregon Offense and Defense Camp
- 2016 Valley NFCA Infield Camp
- 2016 USA Preps Kate Austin Camp
- 2015 Bellevue College Elite Camp
- 2015 USA Preps Kate Austin Camp